



Dear Sojourners,

Fred and I write to invite you to be part of an online weekday gathering for Lent. We missed you in Advent during our sabbatical and are very much looking forward to seeing you again if you would like to join us. We plan to meet on the same schedule as before: Mondays – Fridays beginning Ash Wednesday, February 14 at 8:30 a.m. for a reflection and brief prayer service to start the day.

The resource we will use for this season of reflections is [Being Here: Prayers for Curiosity, Justice, and Love](#) by the wonderful Irish poet c. It came out in hardcover this January and is also available on Kindle. Here is a brief introduction from the “Big A” company!

“What is prayer? It’s not a passport to heaven. If anything, it’s a way of seeing here, a way of being here.”

In *Being Here*, acclaimed poet and theologian Pádraig Ó Tuama offers a thoughtful collection of prayers and essays to focus attention in a world full of distractions. Featuring thirty-one collects—an ancient five-fold form of prayer—this unconventional devotional invites readers into a daily rhythm of connection and creativity.

“The hope is that you can turn to a prayer with the story of your life, and in the little emptiness you create there, hear something, discern something, feel something that’s connecting you to other things seeking out connection with you.”

Each day’s prayers are presented alongside Scripture and illuminating literary texts. The book concludes with four incisive essays on politics, community, and the contours of contemporary life as

seen through biblical literature. Pádraig also teaches readers how they can embrace poetic form to expand their practice of prayer. In these pages, spiritual wayfarers will find a place both to rest and to grow their capacity for curiosity, justice, and love.

If you would like to purchase the book you can find it at this link or through your local bookseller, though you may participate without the book: [Being Here](#)

The Zoom link is listed below and the password is ANAMCARA (all capital letters). I will also post the link online at my parish's website (<https://www.stjamesvt.org>).

It would be wonderful to see you and, of course, you don't need to commit to every day but come as you are able. God bless you as we enter this holy season of reflection and renewal.

Blessings,

Kim Hardy and Fred Moser
Anam Cara Sojourners

Resource:
[Being Here](#)

Topic: Celtic Lenten Morning Prayer
Time: Starting Feb 14, 2024 08:15 AM Eastern Time (US and Canada)

Join Zoom Meeting
<https://us02web.zoom.us/j/88390046366?pwd=c2x1M0o3ak9RN2dEWXI4Ykh6ZnZCZz09>

Meeting ID: 883 9004 6366
Passcode: ANAMCARA
One tap mobile
+16469313860,,88390046366#,,,,*05685044# US
+19294362866,,88390046366#,,,,*05685044# US (New York)
Meeting ID: 883 9004 6366
Passcode: 05685044